Headteacher
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6th November 2026

Dear Parent(s),

Re: Year 10 Citizenship Day – Wednesday 11th November

On **Wednesday 11th November** we intend to take Year 10 off timetable for a Citizenship Day on the theme of Relationships and Sex Education. The students will participate in a range of workshops on themes relating to Relationships and Sex Education. These include:

- What is a healthy relationship?
- Consent and respect for others
- Coercive control
- Safe sex and sexually transmitted infections
- Online safety and the dangers of pornography
- Self-esteem and assertiveness
- Taking responsibility for your health
- Misogyny and sexual harassment

These can be tricky subjects to navigate and the day will be delivered in a sensitive way by a small team of trained staff in accordance with our RSE policy. The aim will be to enable our students to make informed and healthy choices about their life-style and will promote self-respect and respect for others.

Parents have the right to withdraw their children from all or parts of our sex education programme and if you wish to do this, please can you let me know by **Monday 9th November**. Students who are withdrawn will be supervised elsewhere and will work on normal school work during the day.

Yours sincerely,

S Hunt

Miss N Nunes
LIFE Subject Leader

Miss S Hunt MBE
Deputy Headteacher